

## INTEGRATED CHILD DEVELOPMENT SERVICES

Integrated Child Development Services (ICDS) scheme was launched in 1975 seeking to provide an integrated package of services in a convergent manner for the holistic development of the child. ICDS symbolizes the country's commitment to its children the scheme targets the most vulnerable groups of population including children up to 6 years of age. expectant and nursing mothers and adolescent girls

### **Population Norms:**

Government of India's norms for setting up Anganwadi Centre

#### For Rural/Urban Protect

400-800	-	1 AWC
800-1600	-	2 AWCs
1600-2400	-	3 AWCs
Thereafter in multiples of 800	-	1 AWC

#### For Mini AWC

150-400	-	1 Mini - AWC
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#### For Tribal Protect

300-800	-	1 AWC
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### **Expansion of the scheme**

In Meghalaya the first project was launched on an experimental basis in 1975 at Songsak Community and Rural Development Block, East Garo Hills District. Since then, the Department have come a long way expanding the ICDS projects in the 39 Community and Rural Development Blocks and 2 (two) Urban ICDS projects with 3198 anganwadi centres, 1234 Mini anganwadi centres and 190 urban anganwadi centres.

The rates of honorarium paid to the Anganwadi Workers and Helpers with effect from 1st April 2002 is as follows:

<b>Category</b>	<b>Existing honorarium effective from 16.5.97</b>	<b>Revised honorarium effective from 1.4.2002</b>
(A) Anganwadi Workers		
1. Non-Matriculate	438	938
2. Non-Matriculate with 5 year honorary work -	469	969
3. Non-Matriculate with 10 year honorary work	500	1000
4. Matriculates	500	1000
5. Matriculate with 5 year honorary work	531	1031
6. Matriculate with 10 year honorary work	563	1063
(B) Helpers	260	500

### Coverage of Beneficiaries — (ICDS) Physical

Category	Achievement	Items	No. of feeding days
0 month — 6 years Severely Malnourished Children	441791	Bengal gram, Soya Bean, groundnut. atta, suji dried peas, rice flakes, fortified milk and biscuits.	300 days in a year (25 days in a month)
Pregnant and Nursing Mothers			
Adolescent girls			

### The prescribed rates per beneficiary per day are as follows:

6 months -6 years malnourished children	---	Rs.2.00 p
Severely malnourished children	---	Rs.2.70p
Expectant and nursing mothers and adolescent girls	---	Rs.2.30p

### Physical and Financial Progress for the year 2007-08

(Rs. in lakhs)

Name of the scheme	Budget provision (Rs.)	Funds released by GOI	Pattern of sharing		Expenditure	Physical achievement
			State share	Central share		
ICDS General scheme	2724.35	1299.26	-	100%	1324.84	3195 AWCs
KSY	42.90	42.90	-	100%	32.95	12100
SNP	(O) 1900.00	1205.56	50%	50%	1345.07(State)	360408 beneficiaries
	(R) 1500.00				1203.03 (Central)	
NPAG	20.00	17.50		12.36	(Met from State)	2750

### Nutrition and Health Education

The Nutrition and Health education component of the ICDS scheme aims, at effective communication of certain basic health and nutrition messages with a view to enhancing the mother's awareness of the child's needs and her capacity to look after these within the family environment.

The AWWs conducts regular home visits in all the AWCs. The AWW through home visit were able to discuss the problems and difficulties with regard to health and nutrition problems of the family and necessary guidance and instructions are also given during the visit.

## **Non-formal Pre-school Education**

Non-formal Pre-school education is one of the important components of the ICDS scheme which covers children in the age group of 3-6 years of age. Pre-school education is conducted in all the Anganwadi Centres with the help of pre-school kits supplied by the Department and the colourful wall paintings has helped the children enjoyed learning joyfully through play way methods.

## **Immunisation and Health Check-up**

Immunisation and Health Check-up is conducted in all the Anganwadi Centres in close coordination with the Health functionaries. Each Anganwadi Centre is provided with a weighing scale and growth cards are maintained by the Anganwadi Workers for all the children beneficiaries below 6 years so that the workers can detect the growth faltering of the beneficiaries and in turn can educate the mothers to take care the health and nutrition aspects of their children.

## **National Nutrition Mission/Nutrition Programme for Adolescent Girls (NPAG)**

National Nutrition Mission a new scheme introduced by the Govt. of India during 2002-03 as a Pilot Project for East Khasi Hills District for implementation of subsidized foodgrains to adolescent girls, expectant and nursing mothers belonging to Below Poverty Line families and undernourished.

The **Nutrition Surveillance System** is implemented in all the ICDS projects to check and prevent malnutrition through the monthly reports submitted by the AWWs. Through this system children with Grade III and IV are monitor and double ration for such children have been provided. Through the survey conducted by the AWWs, the child population is also being monitor. Birth and deaths records is also maintained by the AWWs and the same was reported and discussed during the submission of the monthly report for further action to be taken if necessary. Food and Nutrition Board is also monitored the nutrition growth of the children in the centre.

## **Impact of the Scheme :-**

The most important impact of the scheme is reflected in significant decline in the level of Severely Malnourished Children and Malnourished Children and Infant Mortality Rate in the State. The percentage of Children suffering from Severely Malnourished have significantly decline within a short gap from 0.2% during 2005-06 to 0.1% during 2006-07 % and Malnourished Children decline from 8.9% during 05-06 to 8.3% during 06-07.

During 2007-08, the Infant Mortality Rate, have decline from 72 per 1000 live births to 58 per 000 which is encouraging based on report received from all the projects.