

Report of Physical Monitoring of CHCs & PHCs located under **East Khasi Hills** District

Date of Physical Monitoring : **05.03.2015 & 14.10.2016**

1. Name of CHCs/PHCs : **Pynursla CHC**

**Urksew, Pynursla C&RD Block**

- a) Population coverage: **32,201**
- b) Sub-Centre coverage (with name of Sub-Centres) :  
**1. Mawkliaw 2. Lyngkyrdem 3. Pynnai**
- c) Villages coverage (with name of Sub-Centres) :  
**66 villages**
- d) Functional or Non-functional : **Functional**
- e) Partly old & partly new RCC Building



2. a) Implementing Department : **Health Deptt.**

- b) Doctors-in-charge : **Dr. E. Khongthaw, Wahurksew, Pynursla, Doctor not available during inspection, undergone Training at Shillong. On the 2<sup>nd</sup> visit Doctor incharge took leave but met Dr. Shylla & Dr. Khongsdam**



3. Staff position:

- a) Medical & Para-medical Staff : **35 Nos**
- b) Administrative Staff: **15 Nos**
- c) Fund allocation (Plan & Non-plan): **Plan - ₹ 18,39,905/-**

CENTRE	AMOUNT
1. Reproductive & Child Health Programme (RCH II)	₹ 3,66,168/-
2. Universal Immunization Programme (UIP) /IPPI	₹ 2,11,602/- + ₹ 3,56,358/-
3. National Rural Health Mission (NRHM)	₹ 9,05,777/-
4. Rogi Kalyan Samiti (RKS)	NA
STATE	AMOUNT
1. ASHA Benefit Scheme	NA
2. Meghalaya Maternity Benefit Scheme(MMBS)	
OTHERS	AMOUNT
1. Meghalaya Health Insurance Scheme (MHIS)	NA

4. No. of patient treated at the Community Health Centre during the year 2014-15
- a) No. of Outdoor patient Male **3724**, Female **12842**, & Children **17249** = Total **33815**
- b) No. of In-door patient Male **53**, Female **135** & Children **94** = Total **282**

5. Maternal Health:

- a) Nos/Percentage of all births in Pynursla Community Health Centre during the year: **91.6%**
- b) Maternal Mortality Rate (MMR): **356/1,00,000**
- c) Infant Mortality Rate (IMR): **40/1000**
- d) Ante Natal care: **814 Nos**



6. Medicine/Stocks availability:

- a) Quarterly allotment of medicines : 4000 Medicines are indented on a weekly basis
- b) Medicines for treatment of common diseases, Tuberculosis, Malaria etc. are available.



7. Facilities available :

- a) Medical Equipments : Radiant Warmer, Oxygen Equipment, Pediatric Suction Machine, Vacuum Extractor (method no longer used), Intravenous Fluid IV set, Labour kit, MVA, USG, OT equipment, Photo therapy lamp.
- b) Medical investigation available: Pathological test & Microscope whereas X-ray Machine is out of order
- c) No. of test taken up :
1. Blood test : **1405**
  2. Urine test : **1029**
  3. Stool test : **NA**



8. Routine Immunization in respect of:

- a) DPT : **3040**
- Polio : **3201**
- BCG : **536**
- Tetanus : **1301**
- Measles : **1185**
- Hep B : **1930**

b) Sterilization done & methods adopted with the no. of beneficiary/ on a quarterly basis: **Nil**

c) IUD, Contraceptive pill, Oral pill etc available : **IUD, OCP and condom**

9. The following National Disease Control Programmes are available and functioning:

- a) Integrated Disease Surveillance Programme (IDSP)
- b) Revised National Disease Control Programme (RNTCP)
- c) National Leprosy Elimination Programme (NLEP)
- d) National Iodine Deficiency Disease Control Programme (NDDICP)
- e) National Vector Borne Disease Control Programme
- f) National Blindness Control Programme

10. 2 (two) Ambulances & 1 (one) 108 are available

11. National Rural Health Mission

a) Financial Assistance sanction under NRHM : **₹ 18,39,905/-**

b) Doctors, Nurses etc. appointments made on contract basis under NRHM ): 1 AYUSH Doctor, 3 RBS Doctors, 4 Staff nurses, 4 ANM, 2 Pharmacist, 1 Lab Technician, 1 BPM, 1 BAM, 1 BDM & 1 Acctt.

c) Assets created under NRHM : OT equipments, Surgical set, Radiant warmer, Ultra Sound, Xerox machine, Laptops, Steel Almirah, Desk, Printer, Dustbin, Chairs & Desktop.

d) Rogi Kalyan Sammittis (RKS): **Yes**

e) Janani Suraksha Yojana (JSY): **Yes**

f) AYUSH: **Yes**

g) School Health Programme: **Yes**

h) Others (to be specify) : Janani Shishu Suraksha Karyakaram (JSSK), Meghalaya Health Insurance Scheme (MHIS)



12. **Observations :**

- **The Scanning Room leaks during the rainy season**
- **Because of rain, most of the machines and equipments do not last long. At present 2 Radiant Warmers are out of order.**
- **It was observed that there are some wards that are empty and not in use because there are no mattresses for the patients' beds.**
- **There are no mattresses in Children's (A) Ward. Because of this, some children are admitted in Female Ward and the female patients have been admitted in Male Ward.**
- **There is an oxygen cylinder but no oxygen.**
- **Drinking water is inadequate.**

13. **Suggestions :**

- **1 (one) big Generator is required at the CHC.**
- **Fencing of the whole CHC is required.**
- **2 (two) Desktop are required as the present Desktop is not functioning.**
- **Mattresses are required so as to enable patients to occupy their respective wards.**

Physical Monitoring of **Laitlyngkot PHC** in **East Khasi Hills** District.

Date of Physical Monitoring **5.3.2015 & 14.10.2016**



1. Name of CHCs/PHCs : **Laitlyngkot PHC**  
**Laitlyngkot, Pynursla & Laitkroh C&RD Block**
  - a) Population coverage: **17,629**
  - b) Sub-Centre coverage (with name of Sub-Centres) :  
**i. Nongkynrih ii. Wahkhen**
  - c) Villages coverage (with name of Sub-Centres): **35 Nos. (Nongthymmai, Wahkhen, etc.)**
  - d) Functional or Non-functional : **Functional**
  - e) Old RCC Building
  
2. a) Implementing Department : **Health Deptt.**  
b) Doctors-in-charge : **Dr. C. Lamin, Laitlyngkot PHC**  
**Doctor not available during inspection, undergone Training at Shillong but met AYUSH doctor.**  
**On the 2<sup>nd</sup> visit met Dr. C. Lamin incharge of the PHC.**
  
3. Staff position :
  - a) Medical Staff : **11**
  - b) Administrative Staff : **4+1 driver**
  - c) Fund allocation (Plan & Non-plan) : **Plan - ₹ 14,87,326/-**

CENTRE	AMOUNT
1. Reproductive & Child Health Programme (RCH II)	₹ 6,32,000/-
2. Universal Immunization Programme (UIP)	₹ 75,536/-
3. National Rural Health Mission (NRHM)	₹ 3,40,400 /-
4. Rogi Kalyan Samiti (RKS)	₹ 87,500/-
<b>STATE</b>	<b>AMOUNT</b>
1. ASHA Benefit Scheme	₹ 60890/-
2. Meghalaya Maternity Benefit Scheme(MMBS)	₹ 56,000/-
<b>OTHERS</b>	<b>AMOUNT</b>
1. Meghalaya Health Insurance Scheme (MHIS)	₹ 2,35,000/-

4. No. of patient treated at Laitlyngkot Public Health Centre during the year 2014-15
- a) No. of Outdoor patient Male **2575**, Female **8560** & Children **10589** = Total **21724**  
 b) No. of In-door patient Male **63**, Female **337** & Children **86** = Total **486**

5. Maternal Health:

- a) Nos/Percentage of all births in Laitlyngkot Public Health Centre during the year: **656/98.7%**  
 b) Maternal Mortality Rate (MMR) : **3 Nos**  
 c) Infant Mortality Rate (IMR) : **18 Nos**  
 d) Ante Natal care : **2020 Nos**

6. Medicine/Stocks availability:

- a) Quarterly allotment of medicines : **4000 - 8000 tablets, 800 - 1600 syrup (Indented twice a month)**  
 b) Medicines for treatment of **common diseases, Tuberculosis, Malaria etc.** are available.



7. Facilities available :

- a) Medical Equipments: **Oxygen, Delivery Sets, Radiant Warmer, Autoclaves, Sterilizers, Stretchers, Wheelchair, Weighing machines, Nebulizer machine.**
- b) Medical investigation available : **Pathological test & Microscope**
- c) No. of test taken up :
1. Blood test : **3069**
  2. Urine test : **1352**
  3. Stool test : **NA**



8. Routine Immunization in respect of:

- a) DPT: **1747**  
 Polio : **1938**  
 BCG : **329**  
 Tetanus : **197**  
 Measles : **881**  
 Hep B : **1431**

- b) Sterilization done & methods adopted with the no. of beneficiary/ on a quarterly basis:  
**Sterilization done daily or as per guidelines.**

- c) IUD, Contraceptive pill, Oral pill etc available : **IUD, OCP & Condoms**

9. The following National Disease Control Programmes are available and functioning:
- Integrated Disease Surveillance Programme (IDSP)
  - Revised National Disease Control Programme (RNTCP)
  - National Leprosy Elimination Programme (NLEP)
  - National Iodine Deficiency Disease Control Programme (NDDICP)
  - National Vector Borne Disease Control Programme
  - National Blindness Control Programme

10. 1 (one) Ambulance is available

11. National Rural Health Mission

- Financial Assistance sanction under NRHM : ₹ 1135436
- Doctors, Nurses etc. appointments made on contract basis under NRHM ): **1 AYUSH doctor, 3 Staff Nurses, 1 Auxiliary Nurse Midwife (ANM), 1 Accountant**
- Assets created under NRHM : **Almirah, Chairs, Xerox machine, Digital Camera, Blower & Heaters**
- Rogi Kalyan Sammittis (RKS) : **Yes**
- Janani Suraksha Yojana (JSY) : **Yes**
- AYUSH : **Yes**
- School Health Programme : **Yes**
- Others (to be specify) :



12. **Observations :**

- **An adolescent friendly clinic functions at the PHC where adolescents visit the clinic weekly.**
- **Electricity is irregular and electricity connection to most quarters are taken from the PHC which make the electricity load at the PHC very high.**
- **Water supply is inadequate at times, where the PHE supply is very irregular and the main source for PHC is from underground water. However, it also becomes inadequate when the underground water dries up and water is also unfit for drinking.**
- **Shortage/inadequate manpower at the PHC.**
- **The PHC has undergone major repairs and extension of the labour room.**
- **DOTs Centre is available but tests has to be taken to Pynursla CHCs.**
- **Dr. L. Lyngdoh, Dentist was deployed from Umkiang PHC. There is no Dental or Hydraulic chair and only extraction is being done in the PHC.**
- **It has been found out that one staff nurse quarter and the ceiling of most of the office chamber has been leaked during rainy seasons and cracks is mostly visible.**

13. **Suggestions :**

- **The PHC Quarters urgently requires electricity connection.**
- **It is suggested that the PHE should give regular water supply to the PHC**

Physical Monitoring of **Pomlum PHC** in **East Khasi Hills District**

Date of Physical Monitoring **5.3.2015 & 14.10.2016**

1. Name of CHCs/PHCs : **Pomlum PHC**  
**Pomlum, Nonglyer, Myllem C&RD Block**
  - a) Population coverage : **40,755**
  - b) Sub-Centre coverage (with name of Sub-Centres):  
**i. Pomlakrai ii. Mawpynthih, iii. Umthlong, iv. Umlympung**
  - c) Villages coverage (with name of Sub-Centres): **57 Nos.**
  - d) Functional or Non-functional: **Functional**
  - e) Partly old & partly new building



2. a) Implementing Department : **Health Deptt.**

b) Doctors-in-charge : **Dr. D.P. Syiem, Pomlum PHC quarter. Doctor not available during**



**inspection, undergone Training at Shillong but met AYUSH doctor. On the 2<sup>nd</sup> visit non of the Doctors were available as the Doctor incharge had taken leave for 15 days. Met HE Smt. T. Ryntathieng and LHV Smt. R. Khongkhniang.**

3. Staff position:

- a) No of Medical & Para medical Staff : **19 Nos**
- b) Administrative Staff : **10**
- c) Fund allocation (Plan & Non-plan): **Plan - ₹ 8,67,795/-**

CENTRE	AMOUNT
1. Reproductive & Child Health Programme (RCH II)	₹ 3,19,880/-
2. Universal Immunization Programme (UIP)	₹ 1,20,415/-
3. National Rural Health Mission (NRHM)	₹ 2,65,000/-
4. Rogi Kalyan Samiti (RKS)	₹ 1,62,500/-
STATE	AMOUNT
1. ASHA Benefit Scheme	
2. Meghalaya Maternity Benefit Scheme(MMBS)	
OTHERS	AMOUNT
1. Meghalaya Health Insurance Scheme (MHIS)	



4. No. of patient treated at the Public Health Centre during the year 2014-15

- a) No. of Outdoor patient = **21351 Nos**
- b) No. of In-door patient = **467 Nos**

5. Maternal Health:

- a) Nos/Percentage of all births in Pomlum Public Health Centre during the year : **158 Nos**
- b) Maternal Mortality Rate (MMR) : **4**
- c) Infant Mortality Rate (IMR) : **55**
- d) Ante Natal care : **1043**



6. Medicine/Stocks availability:

- a) Quarterly allotment of medicines: **Above 1000 or more medicines indented twice monthly**
- b) Medicines for treatment of **common diseases, Tuberculosis, Malaria etc.** are available.



7. Facilities available:

- a) Medical Equipments: **BP apparatus, Boiler, Examination lamp ion tripod stand**
- b) Medical investigation available: Pathological test & Microscope
- c) No. of test taken up :
  - 1. Blood test : **2593**
  - 2. Urine test : **260**
  - 3. Stool test : **NA**

8. Routine Immunization in respect of :

- a) DPT : **2295**  
Polio : **687**  
BCG : **570**  
Tetanus : **1189**  
Measles etc : **1023**
- b) Sterilization done & methods adopted with the no. of beneficiary/ on a quarterly basis: **No**
- c) IUD, Contraceptive pill, Oral pill etc: **Intrauterine Device (IUD) and Oral contraceptives (OCP) & condoms.**

9. The following National Disease Control Programmes are available and functioning:

- a) Integrated Disease Surveillance Programme (IDSP)
- b) Revised National Disease Control Programme (RNTCP)
- c) National Leprosy Elimination Programme (NLEP)
- d) National Iodine Deficiency Disease Control Programme (NDDICP)
- e) National Vector Borne Disease Control Programme
- f) National Blindness Control Programme

10. 1 (one) Ambulance & 1 (one) 108 stationed at the PHC

11. National Rural Health Mission

- a) Financial Assistance sanction under NRHM : ₹ 8,67,795/-
- b) Doctors, Nurses etc. appointments made on contract basis under NRHM ):
- c) Assets created under NRHM : **Ambulance, BP apparatus, Boiler, Examination lamp ion tripod stand, Almirah, Plastic chairs, iron stand (4 seater), File cabinet, water storage heater and Glowsign board**



- d) Rogi Kalyan Sammittis (RKS): **Yes**
- e) Janani Suraksha Yojana (JSY): **Yes**
- f) AYUSH: **Yes**
- g) School Health Programme: **Yes**
- h) Others (to be specify): **Janani Shishu Suraksha Karyakaram (JSSK), Health check-up**

12. **Observations :**

- **The staff at the PHC expressed the need for central heating system in the PHC building**
- **The PHC has no dental equipments**
- **More rooms for office & store room.**
- **Shortage of staff quarters**

13. **Suggestions :**

- **As the PHC has 30 (thirty) beds it urgently requires to upgrade it into a CHC.**
- **The PHC requires more rooms for office and a store room.**
- **It also requires generator for power backup.**